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### Assessing Indoor Thermal Comfort in Low-income Housing

A khayelitsha Case study



# Background





Increasing extreme heat events due to global climate change (IPCC, 2023)

Indoor overheating as a major health and comfort issue (Synnefa *et al.*, 2020)



# Thermal comfort and heat stress







Defined as perceived contentment with the thermal environment (ASHRAE) Influenced by environmental factors such as temperature, humidity and wind velocity, personal factors such as clothing and metabolic rate. (Cheung et al, 2019)

Acceptable wet bulb temperature:

Critical: (20–32°C) Fatal (24–37°C)

## WHY WET BULB TEMPERATURE?

- The human body uses sweat evaporation to cool itself in hightemperature
- The wet bulb enables cooling via evaporation
- cooler wet bulb means that evaporative cooling is possible
- if wet bulb is the same as dry bulb it means no evaporation is happening, because air is saturated
- can be used as a proxy for body ability to cool via sweat evaporation as it reflects the combined effects of air temperature and humidity
- WBT remains a widely used measure
- Offers a solid starting point for understanding and quantifying heat stress.





# Aims

To assess the relationship between housing type (formal vs informal) and indoor temperature variation.

To develop a predictive relationship between external weather data and internal thermal comfort.

To estimate trends in wet bulb temperature exceedances as a measure of thermal comfort in long term historical data (1940 - 2024)



# Methods

## **Data Collection**







Outdoor Variables Temp & Hum (SAWS, ERA5)

Indoor Variables Temp & Hum (*HABVIA*) Housing Characteristics (HABVIA, CORC)



## **MEASUREMENT PERIOD**

# INDOOR DATA

- 60 Houses
- November 2023 April 2024
- Study still ongoing

### **OUTDOOR DATA**

- South African Weather Service (cape town airport station) [2018 2024]
- ERA5 Reanalysis Database (1940 2024)







# Data Analysis



Principal component analysis



Linear regressionpredictive model

WBT trend analysis

## Predictive model explained







# RESULTS

# LOCATION



#### FORMAL HOUSING



#### **INFORMAL HOUSING**



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#### Average Diurnal Temperature Profiles



## Predictive model-Simple linear regression

### Number of houses = 53



Slope Summery Statistics	
mean	0.81
max	1.1
Q1	0.74
median	0.79
Q3	0.87
min	0.57



Indoor Wet Bulb Temperature

#### WBT Trends



#### 26 Formal 26 Informal



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### Mean Summer Max Temp vs Critical + Fatal Exceedances





# Discussion

- Low-income housing occupants are vulnerable to indoor overheating with average daily temperatures being higher than external temperature.
- Informal houses\* are even more vulnerable, with less ability to buffer extreme outdoor temperatures.
- The persistent critical exceedances over time highlight that indoor thermal comfort is compromised and
- There is increasing vulnerability to heat related health issues in vulnerable locations.

### WBT as a heat stress Index



### What's missing?

- Physiological data
- Socio-cultural data variables
- Demographic variables
- Qualitative data what are people saying (thermal comfort is largely perceived)

### Other model variables:

- Solar Radiation
- Housing and community characteristics (wall type, vegetation, pavements, number of people, activities etc)



## ACKNOWLEDGEMENTS



















